



Utah
Parent
Center

Special needs,
extraordinary potential



Anxiety! How Can I Provide Support to my Child?

Presented by Dr. Ellie Young, Associate Professor, Counseling Psychology and Special Education, Brigham Young University

We all experience anxiety from time to time. Come learn about:

- What is anxiety?
- How can I support my child who experiences anxiety?
- How can I effectively manage my children's worries?

Open to all parents who have a child who is on an IEP, 504 Plan or just struggling.

Thursday, April 26, 2018
Legacy Elementary Media Center
6:30-8:00 PM
28 East 1340 North
American Fork

Registration is appreciated: <http://conta.cc/2uYCKGd>

Childcare is not provided

For information on Parent Nights and other upcoming events visit:
www.alpineschools.org/specialeducation or www.facebook.com/UPCApine

Questions? Contact Maria Wiscombe:
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